

Greek Salad with Olives

Cretan diet recipes

Greek Salad with Olives as made on Crete

2 firm tomatoes, 2 cucumbers, ½ cup purslane,
1 medium size onion, ½ cup parsley, 1 green pepper,
1 tbsp pickled capers, 5-6 black olives, ½ teaspoon salt
100 grams feta cheese, 1 teaspoon oregano,

4 tbsp olive oil, 1 tbsp vinegar, Instructions: Wash tomatoes, cucumbers, parsley, green pepper, and purslane. Cut all of them into pieces and put in a salad bowl. Add capers, onion cut into thin rings and olives. Season with salt and oregano, pour over the dressing with olive oil and vinegar and mix. At the end place feta cheese on the top of the salad.